



# FINANCIAL GROWTH EXPANSION TRACKER

## WHAT GROWTH LOOKS LIKE FOR ME

Define one behavior that reflects your financial growth (**ex:** checking your account weekly, not impulse buying, saying “no” without guilt when something doesn’t fit your budget)

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## STRETCH HABIT TRACKER (30 DAYS)

This tracker is your daily accountability partner and it’ll help you stay rooted in the habit that reflects your growth. Here’s how to use it:

- 1. Choose Your Growth Habit-** Pick one habit that reflects the version of you that you’re becoming (**ex:** checking your account weekly, not impulse buying)
- 2. Write It Down-** At the top of the calendar tracker below, write your chosen habit so it stays front and center for you all month.
- 3. Track Your Progress Daily-** Each day that you follow through, check off the box for that day.
- 4. Reflect Weekly-** Use the Weekly Wins Check-In section to notice patterns, celebrate progress, and reset if needed.
- 5. Progress Over Protection-** If you miss a day, it’s okay. Just keep going. The goal is consistency, not perfection.

**CHOSEN HABIT:**

<b>WK: 1</b>							
<b>WK: 2</b>							
<b>WK: 3</b>							
<b>WK: 4</b>							
<b>WK: 5</b>							



