

30- DAY FINANCIAL CONSISTENCY TRACKER



Build Strong Money Habits, One Day at a Time

Consistency is the secret to financial success; not perfection.
Use this tracker and the sections below, to stay focused on one small,
meaningful habit that will move you closer to your goals every day.

CHOOSE YOUR FINANCIAL HABIT

What's one financial habit you want to build this month?

Why This Habit Matters:

DAILY HABIT TRACKER

Each day you complete your habit: check a box.

WK: 1						
WK: 2						
WK: 3						
WK: 4						
WK: 5						

WEEKLY REFLECTION

Week 1: What felt easy? What was challenging?

Week 2: Are you noticing any benefits?

Week 3: What can you do to make this habit easier?

Week 4: How has this habit impacted your financial mindset?

END-OF-MONTH REFLECTION

How many days did you stick to your habit?

What did you learn?

Do you want to keep go or pick a new habit?

Next Habit I Want to Build:

REFLECTION SPACE

USE THE SPACE BELOW TO ANSWER THE REFLECTION QUESTIONS FROM THE PREVIOUS PAGE.

WEEKLY REFLECTION:

END-OF-MONTH REFLECTION:
